

Indiana System of Care (IN-SOC)

Indiana Strengthening Our Communities
Supporting Our Youth In Their Communities

MISSION: To model and provide leadership, guidance, technical assistance, policy and change at the state level to ensure that a local SOC is available for every child, youth, young adult and their families.

VISION: All young people, surrounded by supportive adults, achieve wellness, engage in their community, and together, promote wellness for generations to come.

POPULATION OF FOCUS: Young people with mental health and related needs. We believe that all young people have mental health needs that would benefit from the support of the entire community.

IN-SOC DEFINITION: The local and regional community takes responsibility for building a cooperative, comprehensive system that leads to sustainable success for youth and families. The system is characterized by:

- Respect, compassion and values throughout the system;
- Efforts to be responsive and tailor effective services that supports the unique, whole person;
- Services and supports are created and maintained based upon community data by multiple, varied stakeholders who work in committed, visible partnerships characterized by honest communication, a shared philosophy and approach and shared resources;
- The community recognizes that stakeholders responsible for the creation and maintenance of the system include youth and families; and
- A community-based infrastructure plans, coordinates, implements and sustains the system through accountability, evaluation and quality assurance.

SOC PRINCIPLES:

- Youth-Guided
- Family-Driven
- Collaboration
- Community-based
- Culturally Relevant
- Outcomes-based
- Trauma-Informed
- Strength-Based
- Individualized

INDIANA SYSTEM OF CARE STRATEGIC EXPANSION PRIORITIES

COLLABORATION: Child serving agencies and stakeholders build relationships around a shared vision. They partner within a formal structure and culture and are held accountable to co-create, implement and evaluate Systems of Care (SOCs). The IN-SOC board is the State-level SOC governance structure. **Desired Outcome:** Implementing strategies to achieve this category's goals will ensure coordination and collaboration across all child and youth serving agencies, providers and programs.

VALUES: SOC values are infused throughout the state and local SOC. Additional values are defined and agreed upon by local stakeholders. Values guide the process, services, supports and outcomes of the SOC. **Desired Outcome:** Implementing strategies to achieve goals will lead to: (a) services are delivered in a family-driven, youth-guided, and culturally competent way; (b) Family and youth with diverse backgrounds are involved in planning, implementation and outcome measurement strategies; and (c) Training and TA support fidelity to SOC.

SERVICES AND SUPPORTS: All children youth and young adults have access in their communities to effective and appropriate services and supports to promote positive mental health and address related needs. **Desired Outcome:** Implementing strategies and achieving goals will ensure that youth and families can access a full-array of services and supports, including case management and outreach evaluation services.



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WORKFORCE: Indiana has a well-staffed workforce that is competent and trained in their own disciplines. The system offers training across disciplines and agencies in common topics including IN SOC vision, mission, values and principles. The members of the workforce contribute to a system that provides appropriate services and supports with a shared SOC approach in multiple environments. ***Desired outcome:** Implementing strategies to achieve goals will ensure Indiana's workforce is sufficient in size and competence to provide needed services; and that training and technical assistance is available to facilitate ongoing learning, coaching and practice improvement for Indiana's workforce; and support fidelity to SOC values and principles.*

FINANCE: Partners in the SOC creatively braid and blend funding from multiple sources and stakeholders to provide the most effective, appropriate, and comprehensive system for all children regardless of payer. ***Desired Outcome:** Implementing strategies and achieving goals will ensure sustainability of Indiana's SOC. Creative use of funding and resources, including integrating SOC strategies with block grants and other healthcare reform efforts will assist state and local SOC to provide a broad array of services and supports utilizing combined resources across multiple agencies, funding streams and stakeholders; adapting the approach to IN and it's local communities.*

SOCIAL MARKETING: Raise awareness, and change behavior and public perception around mental health and related needs. Everyone working with young people understands and is committed to promoting mental health as a part of overall health for all people and the community. ***Desired Outcome:** Implementing strategies and achieving goals will assist the State in its wide-scale adoption of SOC, reduce stigma in accessing mental health, substance abuse and preventative services and support,; and promote social inclusion of those affected by mental health challenges and increase partnerships and SOC values and principles.*

LOCAL GOVERNANCE: Effective, dynamic and sustainable local partnerships are developed that include shared responsibility for local SOC creation, implementation, and evaluation so that every child, youth and young adult has access to the services and supports they need. ***Desired Outcome:** Implementing strategies and achieving goals will establish a mechanism for communication and coordination between state and local SOC and generate SOC involvement among local decision makers, which will result in increased participation in expansion planning and implementation, developing interagency agreements and care management entities and assistance with SOC monitoring.*

DATA & EVALUATION: The SOC Evaluation Sub-Committee, established by the SOC Governance Board, is responsible for overseeing cross-system, coordinated federal and State-level evaluation planning; and will assist the Indiana SOC State and local partners in collecting and using information to support the implementation of Indiana's SOC Strategic Expansion Plan. This sub-committee will help create a culture of data-informed policy planning, progress monitoring and improvement in State and local SOC development to support statewide access to effective services and support for youth and families.

CULTURAL & LINGUISTIC COMPETENCY: Indiana advocates for State and local systems to respect and embrace the culture of each family and youth; and involve those voices as important contributors to its establishment and direction. Families are the experts on their own needs and strengths, as well as the needs and strengths of their communities. The perspectives and experiences of youth provide a layer of cultural competence—they will guide outreach and services in a way that meets them where they are rather than dictates to them what they need or need to do. Cross-cultural and cross-language experiences will be examined to improve policy development, as stigma and barriers are magnified and complicated by cross-cultural miscommunication and ethnocentrism. ***Desired Outcome:** The State's vision requires that attention is paid to ensuring that all young people regardless of race, ethnicity, gender, sexual orientation, zip code, or socio-economic status have access to supports and services that are appropriate for them and lead to positive outcomes.*

INDIANA SOC GRANT TEAM CONTACTS

IN-SOC Governance Board Liaisons- Barbara Moser bmoser@namiindiana.org and Erin Tock etock@namiindiana.org

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